
APPENDIX 1

Name: _____

SELF-EVALUATION QUESTIONNAIRE¹

DIRECTIONS: Answer each question by circling the most appropriate answer. Don't be tempted to respond untruthfully in order to put yourself in a more positive light, or to say what you think people want to hear - answer honestly. If it seems that none of the options presented are quite right, choose the one that most closely describes you, and put a question mark in the margin next to it.

1. I am [not sure, fairly sure, positive] that if I were to die today, I would go immediately to heaven.
2. I am [not sure, fairly sure, positive] that, before I met Christ and invited Him into my life, I was a sinner, headed for hell.
3. I have [minimal, average, thorough] knowledge of what the Bible is talking about when it says I am a "new creation."
4. I am [not sure, fairly sure, positive] that all my sins have been forgiven.
5. I am [not sure, fairly sure, positive] that my salvation is permanent, and that I will never again be separated from God.
6. I have [minimal, average, thorough] knowledge about the many important changes that took place in me after I asked Christ into my life.
7. I have [minimal, average, thorough] understanding of how to be filled with the Holy Spirit.
8. I have [minimal, average, thorough] knowledge of the tension that exists between my new nature and my old nature and why I still struggle with temptation even though I am a "new creation."
9. I have [minimal, average, thorough] knowledge of the activities I can undertake that will help me to grow spiritually in a balanced, steady fashion.
10. I have [minimal, average, thorough] understanding of why it is important for me to be involved actively in fellowship with other Christians.

¹Christopher B. Adsit, *Personal Disciple-Making* (Nashville: Thomas Nelson Pub., 1993), 113-4.

11. I attend church [never, rarely, sometimes, weekly, twice a week].
12. I read the Bible [never, rarely, sometimes, frequently].
13. I [don't understand, have some idea, know very well] what people mean when they call the Bible the "Word of God."
14. I know that prayer is simply talking to God, and I don't have any real difficulty doing it [agree, disagree].
15. On the average, I have a period of personal, concentrated prayer ____ days a week, each session lasting about ____ minutes.
16. Right now, I could do a [poor, fair, good, great] job of telling another person how to become a Christian if the opportunity presented itself.
17. I feel [petrified, hesitant, willing, strongly motivated] to tell others about how they might come to a saving knowledge of Christ.
18. I am [not sure, fairly sure, positive] that adversity is a normal part of the Christian life; when I experience trials, I [never, rarely, sometimes, often] get mad at God and [never, rarely, sometimes, often] go to Him for help.
19. I know that Satan is real [yes, no], that he seeks my downfall [yes, no], and I have [no, some, extensive] knowledge about how to resist him.
20. I have a [minimal, average, thorough] knowledge of what to do when I sin, in order to restore fellowship between God and myself.
21. I am [terrible, fair, pretty good, very good] at managing my time, goals and priorities in life.
22. I have [no, a vague, a fairly clear, a very clear] idea about what I want to accomplish in life.
23. I have a workable program in place that helps me to set and reach personal goals successfully and manage my day-to-day activities effectively [agree, disagree, "sort of"].
24. I see myself as having the potential of being [minimally, somewhat, very, extremely] significant to the advance of the kingdom of God.
25. I would say that at this point I am [minimally, somewhat, very, extremely] motivated to pursue my spiritual development and my relationship with God actively.

Name: _____

PERSONAL HISTORY PROFILE

(Private & Confidential)

DIRECTIONS: Answer each question as honestly as possible. This will enable the instructor to better understand your background and hopefully adapt the lessons to meet your particular needs. Please take ten minutes to answer the following questions and turn in your answer sheet. It will be returned to you at a later date.

1. How long have you been a Christian [that is you have trusted Christ as your own personal saviour]?
2. How long have you fellowshiped at Raleigh Chinese Christian Church? Are you baptized?
3. Are your parents believers also? Were you born into a “Christian family” or did your parents become believers before/after you?
4. Were you ever disciplined by someone - i.e. someone spent time with you outside of Sunday School, fellowship meetings, etc., in order to help you in your Christian life?
5. Have you ever witnessed to and led another person to trust in Christ as Saviour? In the last one year, have you done that. When was the last time you did that?
6. How much experience do you have in disciple-making? How many years have you been involved in it and with how many disciples/disciplers?
7. Why did you sign up for this class? What do you hope to gain/learn?
8. What do you plan to do with what you hope to gain/learn?
9. Is/are there some topic/s that you would like the class to cover?
10. Since disciple-making is a skill that is better caught than taught, are you willing to devote additional hours to develop it? Will you consider meeting outside of Sunday School - e.g. in church at 6.30pm on Wednesday night; early Sunday morning; after Sunday lunch; some time on Saturday, etc. **Please give a specific time (if you are interested).**